



CAMROSE MORNING NEWS

MONDAY, MAR. 23, 2026

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Phone: (780) 672-3231

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Morning Giggle

Our supervisor recently made a casual comment about my shaggy mane of hair. He then went on to extol the virtues of a good haircut, which, he insisted, makes an elderly man look younger, and a younger man seem more mature.

"How would a haircut make a middle-aged man like me appear?" I asked.

"Still employed," he answered.



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FIND THE PATH - SOLVE THE PUZZLE

Complete the grid so that numbers 1 - 39 connect horizontally, vertically or diagonally:

	1	32				
		2	24		36	
	27	25				
						39
		8	7			
			16	15	20	
11	12					

Find the answer to today's puzzle on the solution page in TODAY's edition!



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Sudoku Puzzle

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

	8	7		2				
1			6	3		8	5	2
2				5	4			
	1			7		4		
	2						3	
9		5	1					
8	5		2					9
	9			6		1	8	3
		1		9			2	6

Find the answer to today's puzzle on the solution page in TODAY'S edition!

UNIVERSAL BOTTLE DEPOT

39 YEARS FAMILY OWNED AND OPERATED

Planning a fundraiser or Bottle Drive?

We invite you to call us to customize the type of drive that suits your needs. Evenings, day time, drop off or remote trailer/truck.

Please keep in mind how important it is to help bolster the Camrose Community by dealing Locally.

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3-23

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WONDERWORD®

By DAVID OUELLET

HOW TO PLAY: All the words listed below appear in the puzzle — horizontally, vertically, diagonally and even backward. Find them, circle each letter of the word and strike it off the list. The leftover letters spell the WONDERWORD.

MAIL CARRIERS

Solution: 6 letters

S E D O C P I Z L A T S O P N
 T N U O C A D D R E S S M E O
 B T N I R P R L A R U R I E I
 O D C R B A I D E M O G G P T
 O W O I U E Z I S F H A A F A
 K A L E L T T L I B K R E L C
 S L L V S B E N O C C E Y Y I
 R K E I C V U R A E A A L E N
 E L C R A B H P L O R D E R U
 P A T R N O M L E T T E R S M
 A T T A O X D E L I V E R Y M
 P **Ⓟ** P D W E I G H T O W N T O
 E **Ⓡ** O T S S E N I S U B S I C
 R **Ⓞ** U T E S N E P O F F I C E
 R **Ⓢ** S T R E E T R U C K S E D

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3/23

Address, Area, Arrive, Bill, Books, Boxes, Business, Cards, City, Clerk, Collect, Communication, Condo, Count, Delivery, Desk, Door, Flyers, Letters, Media, Neighborhood, Office, Open, Order, Package, Papers, Parcel, Postal, Print, Public, Rely, Return, Routes, Rural, Scan, Size, Sort, Store, Street, Talk, Town, Travel, Truck, Uniform, Walk, Weight, ZIP Code

Find the answer to today's puzzle on the solution page in TODAY'S edition!

WHATZIT?™

Find the familiar phrase, saying or name in this arrangement of letters.

FIEL

Find the answer to today's puzzle on the solution page in TODAY'S edition!

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 Mar. 29th Matinee at 2:00pm

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**Your
Horoscope**
by Mecca Woods

ARIES (March 21 to April 19)

Use today to brainstorm ideas. You might strike gold!

TAURUS (April 20 to May 20)

Take time out to refill your cup. What are the things you need to feel your best?

GEMINI (May 21 to June 20)

Building relationships with like-minded people will help you flourish.

CANCER (June 21 to July 22)

Following your intuition can aid you in making a positive impression on others, especially if you're seeking to advance your career or build your reputation.

LEO (July 23 to Aug. 22)

You could experience success with a group project, especially if there's hands-on learning involved.

VIRGO (Aug. 23 to Sept. 22)

Today can be helpful for dealing with a problem or an issue that you've been putting off.

LIBRA (Sept. 23 to Oct. 22)

You can inspire others with your guidance or wisdom. Share what's on your mind.

SCORPIO (Oct. 23 to Nov. 21)

Finding better ways to manage stress or your workload can be good for your overall well-being.

SAGITTARIUS (Nov. 22 to Dec. 21)

The spotlight is on your love life. If you want it to improve, you'll need to work at it.

CAPRICORN (Dec. 22 to Jan. 19)

It's a good day for handling home- and family-related matters.

AQUARIUS (Jan. 20 to Feb. 18)

You might find yourself getting some much-deserved attention because of your talent or originality. Show folks what you've got!

PISCES (Feb. 19 to March 20)

You've probably been very busy lately. Keep yourself nourished and hydrated so that you can keep up with what you have going on.

FOR TODAY'S BIRTHDAY

You don't avoid obstacles, you overcome them. You're made of courage, strength and fire. You're an unabashed risk-taker and dare to do things that others are afraid to do. You either have a big personality or a lot of spirit. Wherever you go, your presence is felt because of the confidence you carry. You may be tough, but you're also lighthearted and playful. You have a way of inspiring others just by being yourself. This year, you're encouraged to become a student again and get curious about the world around you. Fill your life with wonder and awe!

BIRTHDATE OF: Chaka Khan, singer-songwriter; Keri Russell, actress; Kyrie Irving, NBA player.



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The Camrose Arts Council is inviting residents and community members to share their thoughts about arts and culture in Camrose.

Shaping the Future of Arts in Camrose



take the survey!



MOOSE LODGE

EVENTS

Camrose Community Spaghetti Supper

• March 25, 2026



Moose Sunday Bingo

- Doors Open at Noon
- Pre-call at 12:30pm
- Regular Games at 1:00pm



April 19th, 2026

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Universal Crossword

Edited by David Steinberg March 23, 2026

ACROSS

- 1 Gusto
- 5 Grown-up acorn
- 8 Doesn't just stand there
- 12 Fencing sword
- 13 Custodian's tool
- 14 Bread from a tandoor
- 15 *Agent's task following a PR debacle
- 18 Words from a volunteer
- 19 Preppy shirt
- 20 Play ___ (feign sleep)
- 23 Means of securing many children's shoes
- 27 Decide
- 28 Street vendor
- 32 Crew implement
- 33 The current pope and 13 before him
- 35 Lubricate again
- 36 Puma's rival
- 37 The one in St. Louis is 630 feet tall
- 38 Fitting tightly
- 39 Small fish to fry
- 40 Gathers fallen leaves
- 42 Texter's "Real talk ..."
- 43 Basketball game you can play without dribbling
- 44 "I don't mean to ___ ..."
- 45 Ctrl-Del connector

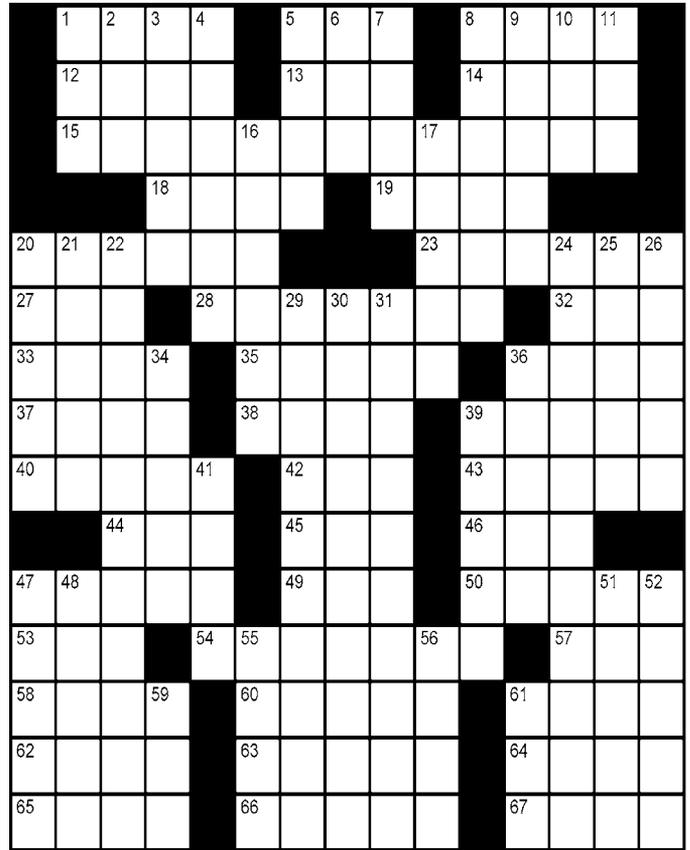
- 46 Tolkien baddie
- 47 Like a ghost ... or maybe a person who sees one
- 49 "___ Miserables"
- 50 PT following surgery
- 53 "___ cares?"
- 54 Ship's leader
- 57 Hubbub
- 58 Much of muesli
- 60 Hearty helpings of sheet cake, say
- 61 Bird "eaten" by the humbled
- 62 It's tied
- 63 Sulu player on "Star Trek"
- 64 Shrek, for one
- 65 Site with handmade mugs
- 66 Like the noble gases
- 67 Stuff in a joint

- 10 Eastern "way"
- 11 TV show with a rotating host
- 16 Some are n00bs
- 17 Book of King's
- 20 ___ opposites
- 21 La Scala offering
- 22 *Getty Images offerings
- 24 *What can be waived for ladies on ladies' night
- 25 Subway tracks
- 26 Speak pompously
- 29 What covers canines?
- 30 Delayed reaction to a surprise ... and what can precede the two words in each starred clue's answer?

- 31 "Star Wars" weapon
- 34 ___ Khan (Kipling tiger)
- 36 Love, to Luigi
- 39 No longer woolly
- 41 Match, as audio and video
- 47 Stopped sleeping
- 48 Old-fashioned negative contraction
- 51 Cherish
- 52 Showed respect, in Japan
- 55 Italian wine region
- 56 "That so?"
- 59 Wilbur's digs in "Charlotte's Web"
- 61 "Don't have a ___, man!"

3/23

What the What? by Joe Rodini



Get the Camrose Morning News delivered to you on Facebook every day!



Follow us on Facebook!



Find the answer to today's puzzle on the solution page in today's edition!

DOWN

- 1 The last letter, across the pond
- 2 Eco-conscious org.
- 3 Rounds before finals, informally
- 4 What contains a hot spot?
- 5 Breaking a mirror, some say
- 6 N.Y. rep
- 7 Demon hunters' genre
- 8 Buck's horn
- 9 Sing door-to-door



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5214 53 Avenue
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\$329,000
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5220 47 Street
1,145 sq.ft., 2+2bdrm, 3bth.
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6802 50 Avenue #31
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MLS#A2271266



#2 5014 56 Street
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5503 49 Street
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CAMROSE COUNTY
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\$399,900. MLS#A2285309



CAMROSE COUNTY
45459 Range Road 205
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CAMROSE COUNTY
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\$1,100,000 MLS#A2182582



CAMROSE
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27,709 sq.ft. above grade. 11,880 sq.ft. basement.
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CAMROSE
4707 39 Street
4.1 acres with 3 buildings.
\$2,690,000. MLS#A2066711



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7000 sq.ft. available today!
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This Week's Realtor On Duty

March 22nd - March 28th, 2026

Jill Green

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camroserealty.ca
780-679-5544

Residential, Rural, Commercial, Agriculture



MLA Update

by Jackie Lovely, MLA Camrose Constituency

Phone: (780) 672-0000 • Email: camrose@assembly.ab.ca

Address: #104, 4870 - 51 Street

As Albertans, we have a responsibility to leave this province stronger than we found it. Beyond our incredible landscapes and hardworking people, one of our greatest advantages comes from a wise decision Alberta's government made several decades ago – to set aside a portion of our resource wealth for the future. With this decision, the Alberta Heritage Savings Trust Fund (often referred to as the Heritage Fund) was born. The world can be an unpredictable place, and taking some of our prosperity and setting it aside is a powerful promise for a brighter future for our children and grandchildren.

Back in 1976, Alberta's leaders realized that our oil and gas resources would not last forever. They decided to take a share of the money the province earns from these resources and put it into a long-term investment fund. This disciplined approach has paid off. While the fund started with about \$1.5 billion, it has grown a lot over the last five decades. Today, it's over \$32 billion.

As part of Budget 2026, our government is following a steady plan to grow the Heritage Fund to \$250 billion by the year 2050. Meanwhile, the money already in the Heritage Fund is working every day to help reach this goal in two important ways:

- First, a larger fund protects our quality of life. Continued Heritage Fund growth ensures funding in the long-term for essential services Albertans rely on while maintaining a competitive, low-tax environment. Once the Heritage Fund reaches its \$250 billion value, it will earn more money that will be available for future generations to pay for better healthcare, stronger schools, and safer roads. This will help Alberta keep its status as the least taxed province in Canada, making life more affordable for families and seniors here in the Camrose constituency and across our province.
- Second, we're maximizing the power of compound growth. Recently, our government made an important change to ensure the fund grows as fast as it can. We now keep 100 per cent of the fund's annual earnings inside the fund. Think of it like a snowball rolling down a hill – the bigger it gets, the faster it grows. By reinvesting every dollar earned, we're building enormous wealth that will support our province for generations.

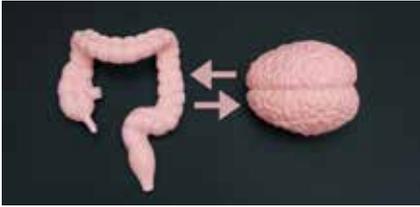
Late last year, we announced our plan to reach our \$250 billion Heritage Fund goal by 2050. To keep the fund growing as it should, our government created the Heritage Fund Opportunities Corporation. This corporation is led by an independent, arm's-length board of directors. This board consists of highly skilled professionals with global investment expertise, tasked with prudently navigating economic uncertainty to maximize long-term returns and secure the fund's future.

United Conservatives are focused on what matters most: that includes a plan for a strong financial future for our kids and grandkids. By growing the Heritage Fund, we're ensuring Alberta remains the best place to live, work, and raise a family – now and for generations to come.

THE MORNING BITE ENVIRONMENTAL NUTRITION

Eavesdropping on the conversation between your brain and your gut

Densie Webb, Ph.D., RD



Anyone who's ever been anxious or stressed out and developed diarrhea, stomach pain, or nausea is instinctively aware of the connection between the brain and the gut. But, while that connection was suggested as early as the 1800s and has its roots in ancient medicine, it has only recently been dubbed the "gut-brain axis" and has been researched for the link between gut health and mental health. It turns out that the gut, specifically, the teeming bacteria that live in your large intestine, regularly communicate with your brain in a variety of ways, and your brain talks back, contributing to or lessening anxiety and depression. In fact, the connection is so important that the gut is sometimes referred to as the "second

brain." If the bacteria in the gut is out of balance, the communication between the brain and the gut is disrupted, and can result in a host of physical and psychological conditions.

The gut microbiome

The large intestine is home to trillions of bacteria, some good and some bad, that release a variety of molecules into the bloodstream and determine to a large extent how hormones, neurotransmitters, and immune cells affect your mental health. While everyone's microbiome is different, depending in part on genetics, diet as well as prebiotics and probiotics can shift the balance, potentially having a positive effect on mental health. Probiotics are live microorganisms found in foods like yogurt, kimchi, kefir, and miso, and in some supplements that, if consumed regularly, can improve the bacterial balance in the gut. Prebiotics are complex carbohydrates and fiber that provide nourishment to the "good" bacteria in the gut and help to shift the microbiome in the right direction.

The science

While most studies have been done in animals, the findings from a small human study from Queen's University in Ontario, Canada, suggested that adding specific strains of probiotic bacteria to the diet may significantly improve symptoms of depression. Another study out of Poland, found that adding probiotics to standard medications for depression may be able to reduce the severity of depression symptoms and improve cognitive function. In fact, a number of studies have highlighted the relationship between a stressed gut and a stressed brain.

Negative changes in the gut microbiome after infection with COVID-19 has been suggested as a possible contributor to the "brain fog" that is sometimes a symptom of long COVID. There is also growing interest in the effect of probiotics on post-traumatic stress disorder (PTSD) and sleep disturbances, but research in those areas is in the early stages.

A UK study of 89 adults with sleep impairments found that, compared to a placebo, sleep quality improved over the short term with daily intake of *Bifidobacterium longum*. Mental fatigue was reduced and energy was increased after eight weeks, versus placebo.

In a study out of Ireland, 20 male students reported significantly improved overall sleep quality and duration of sleep during university exams while taking *Bifidobacterium longum*, although there was no improvement in self-reported stress. While there was no self-reported change in stress in this study, sleep and stress are linked, and anxiety can lead to poor sleep quality and shortened sleep duration.

The type of probiotics given in both animal and human studies has varied, but a recent research review article suggested that probiotics containing *Lactobacillus* and *Bifidobacterium* seem to have the most impact on improving mental health symptoms. But because neither strain of bacteria is able to take up permanent residence in the gut, they have to be taken regularly to have a long-lasting effect.

How it might work

The exact mechanisms for how changes in the gut microbiome either positively or negatively affect mental health, especially depression and anxiety, aren't completely understood, but researchers have some understanding of the connection.

Signals from the vagus nerve, which runs from the brain to the large intestine on both sides of the body, and is a major component of the immune system, are carried from the brain, to the heart, and the digestive system and back again. It's a constant, two-way communication that can impact mental health. Stress-induced changes in the gut may not only affect mental health, these changes may also increase susceptibility to gastrointestinal disorders and infection.

Bottom line

As researchers gain a better understanding of how the gut microbiome affects brain function, it could pave the way for better therapies and approaches to prevention of mental health conditions, such as anxiety and depression, and could include probiotics and dietary changes, such as increasing intake of fermented foods and fiber. However, because of the limited number of studies, experts are unable to currently provide recommendations for the type of probiotics that would be most effective and what the optimal dose should be.

Funeral Notices

CHAD KELLY FISHER of Camrose passed away on Monday, March 16th, 2026 at the age of 59 years. He is survived by his wife Norma Berg, mother Barbara Fisher and siblings Shel (Brenda) Fisher and Jason (Colleen) Fisher. He was predeceased by his father Stephen. At Chad's request, no formal service will be held. Memorial donations may be made directly to the St. Mary's Hospital Auxiliary. Burgar Funeral Home in care of arrangements. Phone (780) 672-2121. www.burgarfuneralhome.com.

HELEN MARKO of Holden passed away on Tuesday, March 17th, 2026 at the age of 88 years. She is survived by her children Teresa (Alan) Carter, David Marko, Wayne Marko and Charleen Marko, grandsons Ben and Michael, siblings Eileen Nakonechny, Mary (Dan) Korchinski, Susan (Wayne) Kushnir, Peter (Dayna) Kudrowich and Angie (Ken) Pope, sister-in-law Doris, brother-in-law Vern Kalynchuk and numerous nieces and nephews. She was predeceased by her parents Joe and Anne, husband Nick, sisters Judy Kalynchuk and Rose Danilak, grandson Andrew Carter and all of husband Nick's siblings and their spouses. A mass of Christian burial will be held on Tuesday, March 24th at 11:00am at the Holy Heart of Mary Catholic Church, 5208-53 Avenue in Viking. Memorial donations may be made directly to the Kopernick Cemetery. Weber Funeral Home in care of arrangements. Phone (780) 672-3131. www.weberfuneralhome.ca.

RUSSELL JORGENSON of Camrose passed away on Tuesday, March 17th, 2026 at the age of 88 years. He is survived by his wife Valerie, children Randy, Rhonda Noonan, Shan Jorgenson-Adam and Cara (John) Benson and numerous grandchildren, great-grandchildren, family and friends. He was predeceased by his son Troy, grandson Jonan, daughter-in-law Karen and sons-in-law Brian and Jerry. A memorial service will be held on Friday, March 27th at 11:00am at the Century Meadows Baptist Church in Camrose. Memorial donations may be made directly to the Progressive Supranuclear Palsy (PSP) Society of Canada. Weber Funeral Home in care of arrangements. Phone (780) 672-3131. www.weberfuneralhome.ca.

GRACE ELNOR BROTHEN of Camrose passed away on Tuesday, March 17th, 2026 at the age of 88 years. She is survived by her children Ron (Shirley) Brothen and Donna Brothen, one grandchild and two great-grandchildren. She was predeceased by her husband Arne, parents Alex and Elizabeth Veit, son Tom, grandson Shane and granddaughter Samantha. A private family service will be held. Memorial donations may be made directly to the charity of one's choice. Burgar Funeral Home in care of arrangements. Phone (780) 672-2121. www.burgarfuneralhome.com.

SANDRA "SANDY" LAUREEN AKER of Camrose passed away on Sunday, March 15th, 2025 at the age of 70 years. She is survived by her daughter Hayley Aker (David Bowden), stepchildren Kjell (Jennifer) Aker and Jillian (Tylor) Aldred, brothers John (Diane) Lucas and Jason Lucas and numerous other extended family members. She was predeceased by her husband Lindsay and parents Peter and Laura Lucas. No formal service will be held. Memorial donations may be made directly to the Stollery Children's Hospital Foundation or the Cross Cancer Institute. Burgar Funeral Home in care of arrangements. Phone (780) 672-2121. www.burgarfuneralhome.com.

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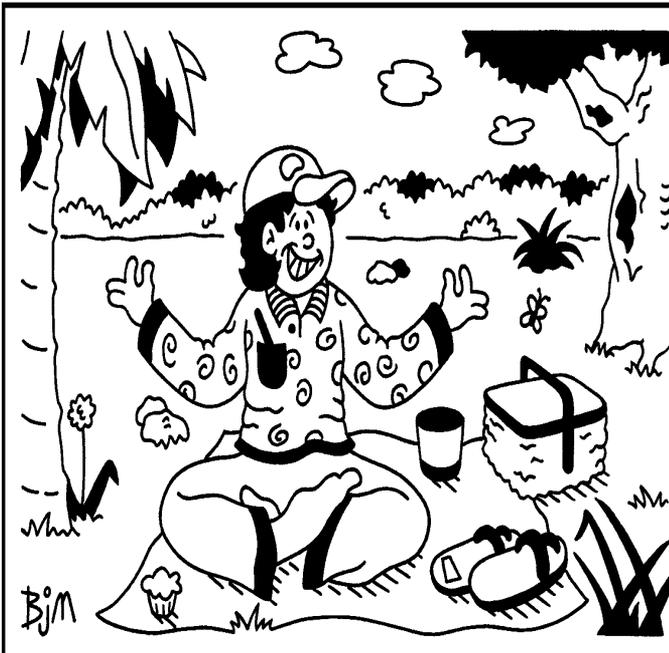
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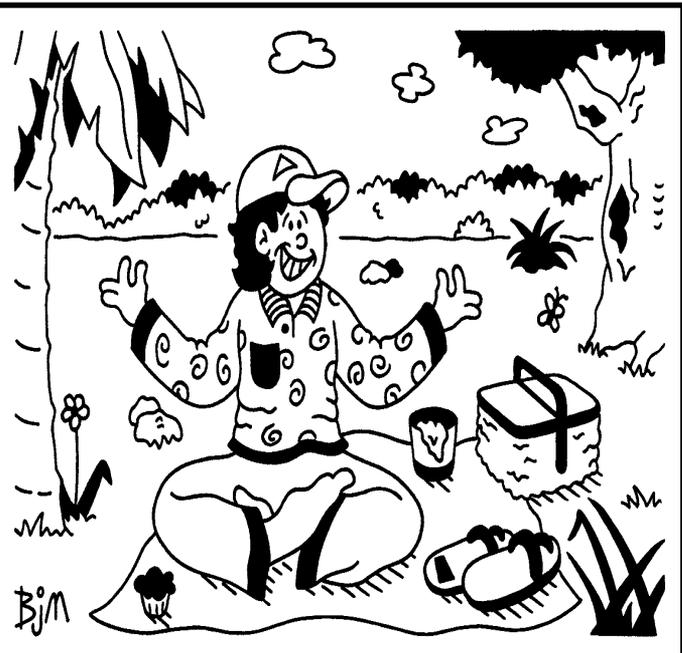
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- **AL-ANON.** Affected by someone else's drinking? Call Elaine 780-672-4786 or Joy 780-781-1156.
- **PARKINSON DISEASE** Support Group. Support & education for people with Parkinson's & their families. For details, please call the Parkinson Association of Alberta at 1-800-561-1911.
- **NEW TO CAMROSE?** We would love to connect with you! Camrose Women's Connection is a non-denominational group that meets monthly at the Days Inn Norsemen! We would like to invite you to join us. Call 780-679-7402 for more info.
- **SPECIAL OLYMPICS** Alberta-Camrose proudly offers year-round sports to Camrose & area. Young Athletes 2-13 years old. All other athletes 14+ years & older. To participate in a sport or to become a volunteer, please contact: soacamrose@gmail.com.
- **CAMROSE PICKLEBALL CLUB** - We play several times a week. Join us for some fun; you won't even realize you are exercising. Great for all fitness levels. A mix of tennis, badminton & ping pong. For more info contact camrosepickleball@gmail.com or see our web page at pickleballcanada.org/club/campc.
- **POOL PLAYERS** at Camrose Senior Centre. **Mon. to Fri.** 780-672-7022. Everyone welcome.
- **COMMUNITY CUPBOARD** Food Bank. **Mon & Thurs**, 10-11:30am at Camrose Community Church, 5204 53 Ave. Coffee's On!
- **NEW FOOD BANK HOURS:** Monday Neighbor Aid hours 9am-noon. Tuesday Food bank 10am-3pm. Wednesday Food Bank 10am-3pm. Thursday Food Bank 10am-3pm. Friday Neighbor Aid hours 9am-noon.
- **EDBERG COMMUNITY BINGO** at the Edberg Senior Drop-In Centre **every Monday**, 7pm sharp. Doors open at 6:30pm. 16 games, cards 10cents each, Bonanza cards - 4 paper cards for \$3 or \$1 each. Bonanza prize 65% of gross sales. Jackpot grows weekly till won, then starts over at \$75. Jackpot games are 3, 6, 9, 12 & 15, 7 numbers or less wins the jackpot. For more info contact 780-678-1143.
- **MONDAY NIGHT CRIB** at the Camrose Royal Canadian Legion Branch #57. Come enjoy a night of fun crib with your friends. Everyone is invited to come! Start time is 7pm & only \$4. Runs every **Monday** night.
- **WANT TO HAVE SOME FUN &** learn something new? Join the Ladies Fun Pool Club at the Camrose Senior Centre. Experienced or newbie - we'll teach you! **Monday** afternoon at 1pm. Please call 780-672-7022 for info.
- **CAMROSE & DISTRICT** Senior Centre Society Floor Curling Group every **Monday & Tuesday** from 1:30-4pm year round. New members welcome. For info contact 780-672-7022.
- **SCHIZOPHRENIA SOCIETY** of Alberta Camrose Adult Peer Support Group. **Mon., Tues., Wed. & Fri.** phone support avail. 1:30-4:30pm. **Tues.** online peer support group via Zoom 1:30-2:30pm. Chuck MacLean Art Center, Photography Room, 4809-52 St. Office hours: 3:30-4:30pm. For inquiries: 780-679-4280 or AHoller@schizophrenia.ab.ca.
- **THE RAILWAY THRIFT & GIFT** will be open **Tues. afternoons in Mar.** 1-4pm at the Camrose Heritage Railway Station, 4407-47 Ave. 780-672-3099. Unique & affordable. Come & see what you can find!
- **CAMROSE CAMERA CLUB:** All are welcome to our programs at the Camrose Arts Center. **First Tuesday** of the month is a meeting night. **Third Tuesday** is a photo challenge. **Last Tuesday** of the month is a friendly critique night. We are open at 7pm.
- **R.C.R.S.S. ANNUAL** general meeting is **Wed., Mar. 25** at 10am in Smitty's restaurant (Camrose). Everyone welcome.
- **COMMUNITY LENTEN** Candlelight Service hosted by Wilhelmina Evangelical Lutheran Church, 49108 Range Road 210, East Hay Lakes. **Wed., Mar. 25** at 7:30 pm. Coffee & fellowship following service. Call 780-679-0003 or visit www.wilhelminachurch.ca. Follow us on Facebook: <https://facebook.com/WilhelminaLutheranChurch>.
- **ROSE CITY RESIDENTIAL** Support Society is pleased to announce the annual AGM will be held on **Mar. 25**, 10am at Smitty's Restaurant. All are welcome to attend.
- **WELLNESS CAFE** for Older Adults on **Thurs., Mar. 26**, 9:30-11:30am at the Mirror Lake Centre Coffee Room. Topic: Simple Connections Stronger Seniors. Part A - A workshop on improving your ability to promote independence & enhance personal wellness. Part B - Apr. 23 - Simple Connections Stronger Seniors - A workshop on creating connections & affirming your sense of purpose. Refreshments provided.
- **CAMROSE NDP** Constituency Executive is hosting its monthly Pints & Politics gathering at the TainTed Lounge/Smitty's Restaurant on **Thurs., Mar. 26**, 7-9pm. Join us to chat about your ideas for helping to make Alberta a better home for everyone who lives here.
- **BATTLE RIVER CANINE** Association is pleased to host its annual spring dog show at the CRE on **Mar. 26, 27 & 28** from 9am-5pm. Admission is \$5.
- **EASTER HAM BINGO** on **Fri., Mar. 27**, 7:30pm at the Round Hill Community Centre. Contact Alan at 780-608-9483 for more info. Hosted by the Round Hill Elks #71.
- **EASTER HAM BINGO** on **Fri., Mar. 27**. Starts at 7pm at the Alliance Community Hall. 15 games for \$20, additional cards \$2 each. Door prize with \$50 value! Hosted by Alliance Ag Society.
- **DKR UNITED CHURCHES** Upcoming Services: **Mar. 29**, 10:30am joint service in Killam, followed by potluck lunch (*No Service in Daysland*). **Mar. 30** - Killam Community Suppers from 5-7pm. **Mar. 27 & 28** - Daysland Spring Clothing Sale.
- **THE CAMROSE & AREA** Animal Shelter Society is opening their doors to the public on the last Saturday of the month. **Sat., Mar. 28** from 1-4pm at the shelter location. Bay 8, 4617 41 St.
- **BETHANY LUTHERAN CHURCH** of Donalda Palm Sunday worship service **Mar. 29** at 10:30am. Pastor Jeremy Osterwalder. Sunday school, lunch to follow service. Salads or desserts are welcome. AGM at 1pm.

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~SERVICES~

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IF ANYBODY who is interested in getting any Ever-bearing Strawberry plants, call Brian at 780-678-0053 for ordering before Apr. 1. Must be paid for by Apr. 1. Need to know how many & whether or not potted or bare root. If bare root, can be picked up at Brian's site. Location from Camrose is 30km from east on Hwy 13 & 4 miles of Bawlf on Hwy 13. Turn left on Range Road 172, mile 1/4 north on Range Road 142. 2nd place on the east of the road. Blue sign at gate is 45529172. If potted, they can be picked up at the Bawlf Store around the first part of May. Brian will no longer be taking any orders on strawberry plants, raspberry plants or trees after May 1. Any cancellations after they are confirmed, there will be 20% extra added to the order. All sales are final. No refunds, no exchanges. Sales are cash only, will not accept cheques, credit cards or debit cards. Starting on June 1, will be taking orders for berries only.

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Wednesday, March 18



3 18 23 28 39 40 Bonus 36

LOTTO MAX:

Tuesday, March 17



7 10 24 25 34 45 49 Bonus 44

WESTERN MAX:

Tuesday, March 17



3 17 21 23 26 32 48 Bonus 7

PICK 2, PICK 3 & PICK 4:

Thursday, March 19



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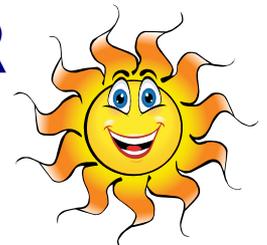
Thursday, March 19



4462970

In the event of a discrepancy between this list and the official winning numbers, the latter shall prevail.

WEATHER REPORT



Monday, March 23

High 0°C; Low -9°C; POP 20%

A mix of sun and clouds

Tuesday, March 24

High -3°C; Low -5°C; POP 80%

Snow

Wednesday, March 25

High -3°C; Low -15°C; POP 40%

A few flurries

Thursday, March 26

High -5°C; Low -9°C; POP 40%

Scattered flurries

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30	31	2	24	4	36	37
29	27	25	3	23	5	38
28		26	22	6		39
		8	7	21		
	10	9	16	15	20	
11	12	13	14	17	18	19

UNIVERSAL CROSSWORD

Z	E	S	T		O	A	K		A	C	T	S			
E	P	E	E		M	O	P		N	A	A	N			
D	A	M	A	G	E	C	O	N	T	R	O	L			
				I	C	A	N		P	O	L	O			
P	O	S	S	U	M				V	E	L	C	R	O	
O	P	T		P	E	D	D	L	E	R		O	A	R	
L	E	O	S		R	E	O	I	L			A	V	I	A
A	R	C	H		S	N	U	G		S	M	E	L	T	
R	A	K	E	S		T	B	H		H	O	R	S	E	
				P	R	Y		A	L	T	O	R	C		
A	S	H	E	N		L	E	S		R	E	H	A	B	
W	H	O		C	A	P	T	A	I	N		A	D	O	
O	A	T	S		S	L	A	B	S		C	R	O	W	
K	N	O	T		T	A	K	E	I		O	G	R	E	
E	T	S	Y		I	N	E	R	T		W	E	E	D	

Sudoku Puzzle

5	8	7	9	2	1	3	6	4
1	4	9	6	3	7	8	5	2
2	6	3	8	5	4	9	1	7
6	1	8	3	7	2	4	9	5
7	2	4	5	8	9	6	3	1
9	3	5	1	4	6	2	7	8
8	5	6	2	1	3	7	4	9
4	9	2	7	6	5	1	8	3
3	7	1	4	9	8	5	2	6

WONDERWORD

The solution is:
Stamps

WHATZIT?

The solution is:
Life Changing



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FEATURE PROPERTIES

	<p style="text-align: center;">MOVE-IN READY BI-LEVEL!</p> <p>Updates include: vinyl ceiling, new windows, floors, kitchen, furnace, bathrooms, paint, appliances, deck, fence & landscaping. Oversized single car garage. Beautiful!</p> <p style="text-align: center;">MLS#A2259835 Asking \$429,000</p>		<p style="text-align: center;">WELL-KEPT BUNGALOW!</p> <p>South facing living room. Great kitchen with SS appliances. French doors to open 2-tiered deck. Finished bsmt. Private backyard w/RV parking. Single garage & 8'x8' tall shed.</p> <p style="text-align: center;">MLS#A2280976 Asking \$299,000</p>
	<p style="text-align: center;">BRAND NEW 1468 SQ.FT BUNGALOW!</p> <p>You can choose your flooring, cabinets, countertops & more! Located in Stoney Creek Estates by IPEC Homes. Modern open concepting layout. Spacious kitchen/dining/great room combo. 2bdms up & 1 down & a flex room. Other plans also available.</p> <p style="text-align: center;">MLS#A2216094 Asking \$699,600</p>		<p style="text-align: center;">BRAND NEW IN VALLEYVIEW!</p> <p>Close to walking trails, steps from new Catholic High School. Open MF w/9ft. ceilings, vinyl plank floors, beautiful kitchen w/quartz counters, large central island. Awesome Primary. Upper-level laundry. ICF unfin. bsmt. Attached 25x27 rear garage. Built by Battle River Homes!</p> <p style="text-align: center;">MLS#A2271962 Asking \$598,162</p>
	<p style="text-align: center;">THE BEAUMONT SERIES!</p> <p>Brand new 3 bdrm. 1376 sq.ft. bi-level in the newly developed Stoney Creek Estates! Built by IPEC Property Developments! Choose your flooring, cabinets & countertops. Modern open-concept design. Beautiful!</p> <p style="text-align: center;">MLS#A2216967 Asking \$589,900</p>		<p style="text-align: center;">CUSTOM BUILT BUNGALOW!</p> <p>Pristine 5 bdrm. home with over 1900 sq.ft., triple car garage, backing a green space. Hardwood/tile floors, stucco ext., triple pane windows, fully fin. bsmt., FP, MF laundry, private library/study area. So much to see!</p> <p style="text-align: center;">MLS#A2284808 Asking \$879,900</p>

						
Al-Karim (Al) Mohamed (587) 322-5511	Matthew Mayer (780) 781-7088	Matt Banack (780) 608-9733	Donnelle Millang (780) 983-6636	Wally Wrubleski (780) 781-7323	Sarah Kjos (587) 322-7131	Sascha Dressler (780) 781-8242

Our History

Dedicated Service Since 1906



Burgar Funeral Home was started by Hiram Burgar in the back of his hardware store in 1906 - one of the first businesses in the Camrose community. After two years, his partner, Mr. Wallace withdrew from the business and his interest was taken over by Mr. Davidson, and was renamed Burgar, Davidson and company Hardware. When Davidson left the business in 1911, Burgar took over as the sole owner and in the same year Hiram and Maude (Wilson) were married. Three children were born in this union - Helen, Roderick and Doliena.

In 1917, Hiram sold his hardware store to concentrate full time on his funeral business and moved it to the present location. Rod joined his father in the business but in 1939 left to join the Canadian Air Force. After World War II ended, Rod returned to work in the funeral industry with his father. Soon after the firm name was changed to H. Burgar and Son.

When Hiram passed away in 1949, Rod and his wife Marg (Margaret) were left to manage the business. In 1959, Alver Person joined Rod Burgar and was employed at the time construction took place for the new Funeral Home.

In 1962, the sudden passing of Rod Burgar was a great shock to the community. His funeral service was one of the first to be held after the new building was dedicated, just two weeks prior to his untimely death.

Alver Person and Marg Burgar managed the business for the next few years, and in 1965, Alver purchased the business. The firm's name was then changed to Burgar Funeral Home Camrose Ltd., as it remains today.

Roger Erickson joined the firm and, in 1967 when he left to pursue other endeavors, Rod Madison began his career in the funeral service. Burgar Funeral Home was involved in the ambulance service from the very early years until 1971 when the City of Camrose assumed the responsibility. In 1979, the well-established Daysland Funeral Home was purchased by Burgar's. Bob Hanrahan, as manager, was associated with that funeral home for more than 70 years.

Reg Madison, Joe Schulte, and Steve Haugen were a part of Burgar Funeral Home and Alver's son, John, later joined the business, and served the community until 2017. Cam Parker joined Burgar Funeral Home in 1995 and served the community for 24 years. Bart Orr joined the firm in 2011 after the passing of his father introduced him to Cam and John.

Burgar Funeral Home is currently owned and operated by Bart Orr who, along with his dedicated team, are able to provide support to families in their time of need. We at Burgar Funeral Home consider it a true privilege and honor to have served and guided the families of Camrose, Daysland and area since 1906.



Contact our Office @ 780-672-2121